ANTI-BULLYING WEEK 2026
TEACHER NOTES FOR KEY STAGE 1 POWERPOINT

Break The Silence

In this short PowerPoint session, you will explore:

How we break the silence, start conversations, speak up, listen and take action together.

We are also going to think about what is bullying and bullying definitions.

When to run this?
The PowerPoint can be delivered at any time of the day or week. We recommend facilitating this at the beginning of anti-bullying week.

How long will this take?
The PowerPoint for the class will take between 5-10 minutes
(Depending on how much interaction and discussion you encourage with the children.)

What preparation do we need?
Break the Silence worksheet for each child
Pens and coloured pens/pencils.

Break the silence activity:
The children can cut out their zipped emoji and you can create a class display.

During anti-bullying week:
Please remind the children to notice ways that the can break the silence and speak up.

At the end of the week:
Reflect with the children on opportunities they might have had to speak up.