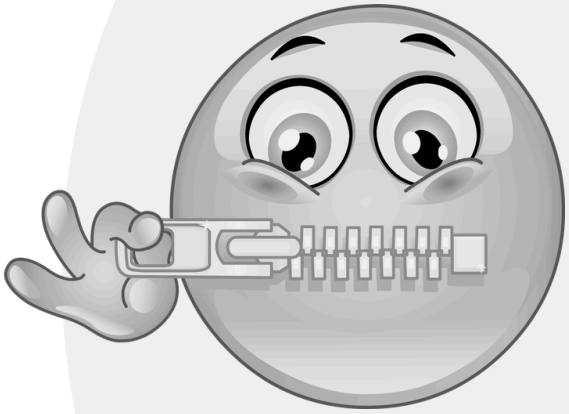
WHAT CAN WE EACH DO TO BREAK THE SILENCE?



START CONVERSATIONS

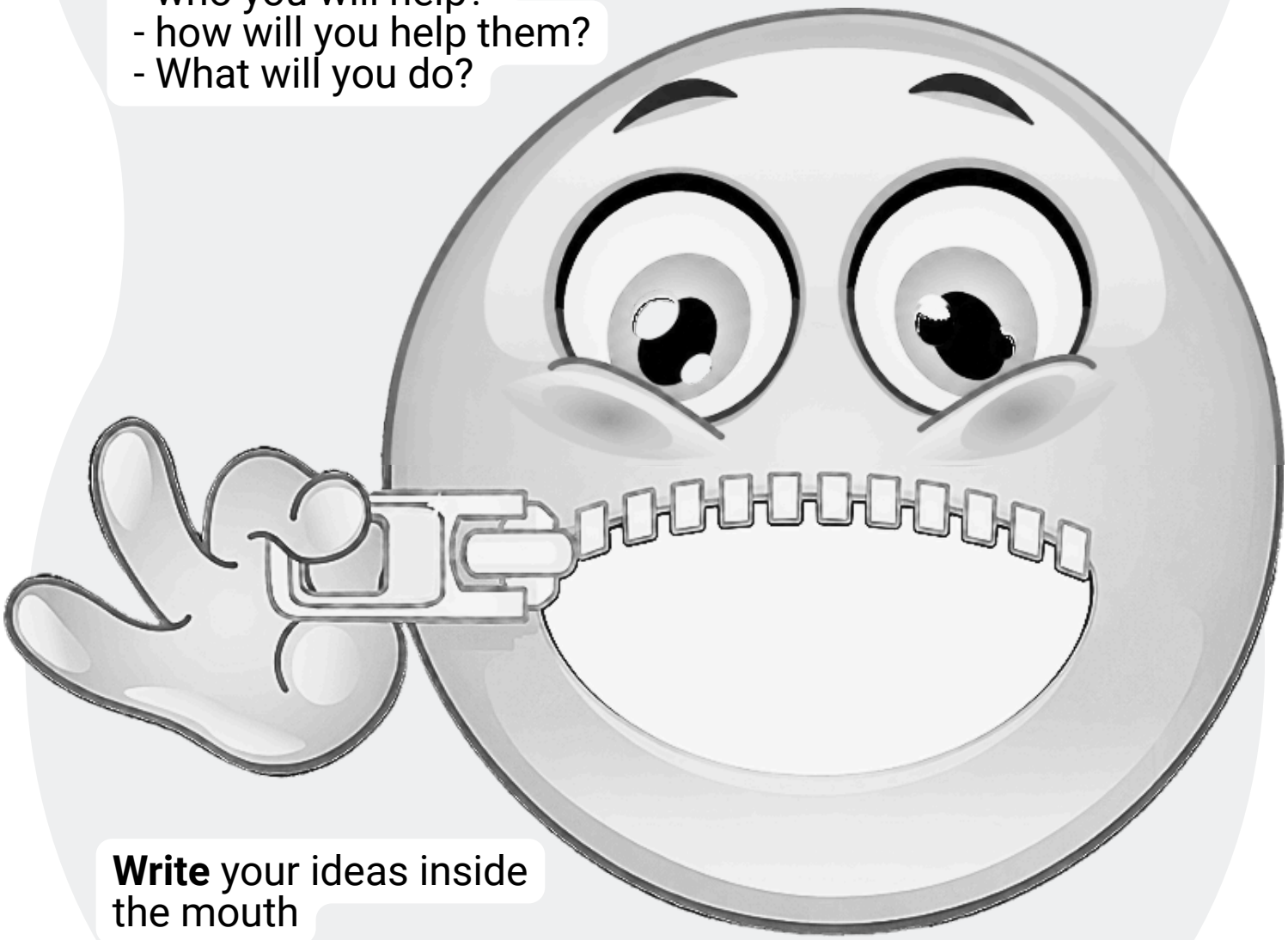
SPEAK UP

LISTEN

TAKE ACTION TOGETHER

Choose one way you can break the silence

Think about
- who you will help?
- how will you help them?
- What will you do?



Write your ideas inside the mouth