

Our Kindness Rocket

Key Stage 1

Heads Up Kids

Anti-Bullying Week 2024

Anti-Bullying Week 2024 - Our Kindness Rocket

Teacher notes for Key Stage 1 Rocket PowerPoint

In this short Rocket PowerPoint session, you will explore with the children:

- ★ *What is bullying?*
- ★ *What kind actions can we do that will help stop bullying?*
- ★ *What kind actions will help other people when we see bullying happen?*

The focus will be on kindness in relation to bullying and will give the children opportunities to practise and notice acts of kindness in the playground.

How long will this take?
The PowerPoint for the class will take between 5-10 minutes.
(Depending on how much interaction you encourage with the children)

When to run this?
The PowerPoint can be delivered at any time of the day. We recommend facilitating this at the beginning of anti-bullying week. This will give the children an opportunity to practise the learning in the playground during the remainder of the week.

What preparation do we need?

- Enlarged *Kindness Rocket* poster on the wall
- Coloured small stickers
- Our Kindness Rocket PowerPoint slides

During anti-bullying week:
Please remind the children to notice the acts of kindness and to add their sticker to rocket.

At the end of the week:
Reflect with the children on the process. Notice how many stickers were placed on the rocket?
How did they feel? What did we notice ? What can we do to keep launching our rocket again and again?

Optional:
As part of reflecting on the number of stickers on the rocket you might wish to celebrate what the children have achieved. For example, you could give them an additional 10 minutes of playtime, or watch a movie at the end of term or any other type of celebration that you feel would be appropriate for your class.