
Heads Up
Kids
CHARITY NO. 1205781
Heads Up
Kids
BELONGING

Heads Up Kids

BELONGING

We are going to think about what belonging means, what it feels like and how we can help others feel they belong.

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PLACES WE BELONG

Can anyone think of places where we belong?

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Somewhere we live

A place where we know people

A group we belong to

PLACES WE BELONG

A place we spend time

A private space (like a bedroom or playroom)

A place we do activities

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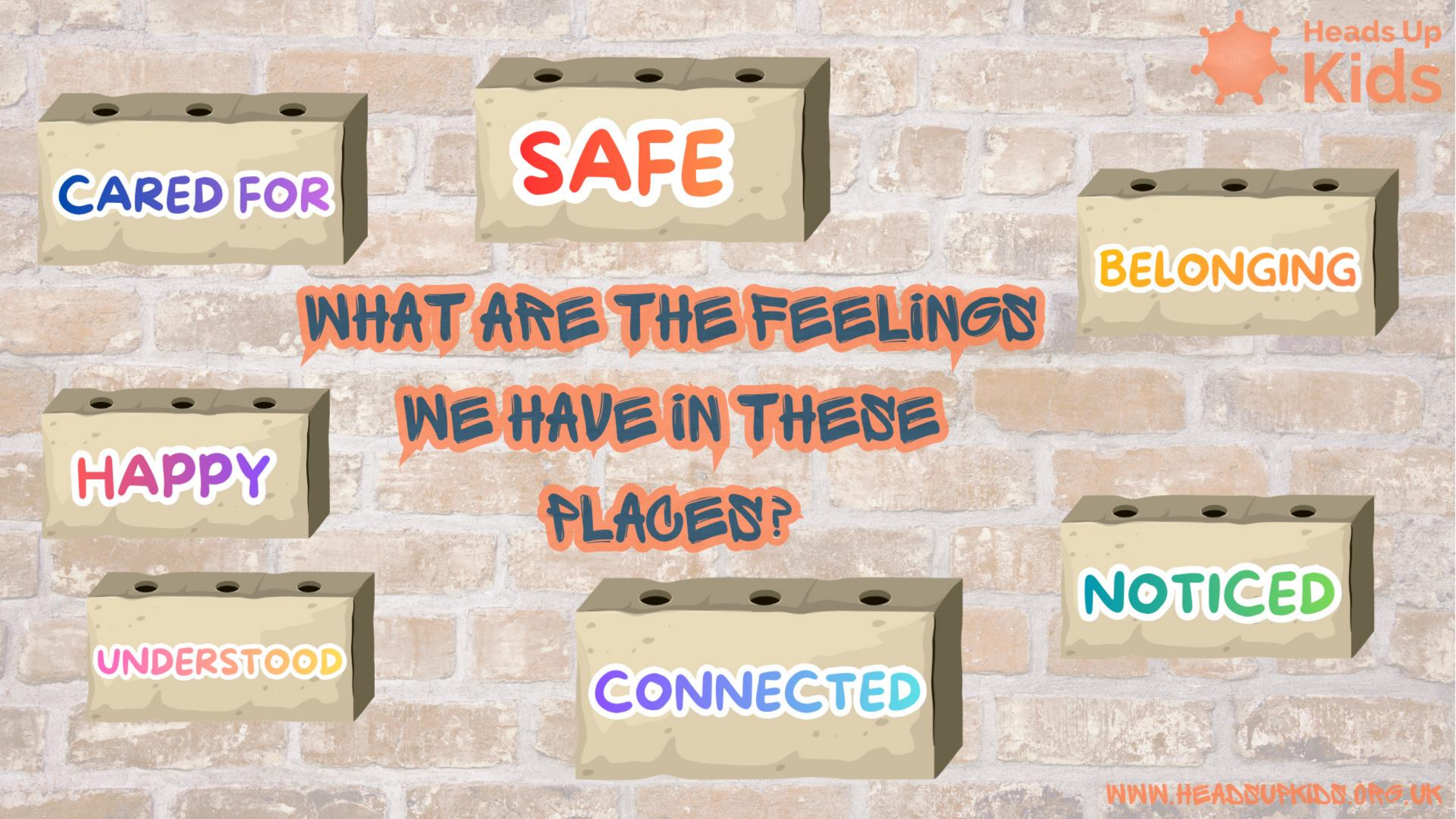
WHAT ARE THE FEELINGS WE HAVE IN THESE PLACES?


Heads Up Kids
CARED FOR
SAFE
BELONGING
WHAT ARE THE FEELINGS WE HAVE IN THESE PLACES?
HAPPY
NOTICED
UNDERSTOOD
CONNECTED
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Heads Up Kids

SAFE

CARED FOR

BELONGING

WE ALL FEEL THESE THINGS IN DIFFERENT WAYS

HAPPY

NOTICED

UNDERSTOOD

CONNECTED

WHERE DO YOU FEEL THOSE THINGS?

Examples

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WHERE DO YOU FEEL THOSE THINGS?

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HOME

DANCE CLASS

WITHIN OURSELVES

FOOTBALL TEAM

ORCHESTRA OR BAND

DRAMA CLUB

PLACE OF WORSHIP

CUBS OR BROWNIES

SCHOOL

WITHIN OURSELVES

WHAT DOES THAT MEAN?

When we have a sense of belonging within ourselves, we feel acceptance - that we are who we are and that's OK

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WHO ARE THE PEOPLE WE FEEL 'BELONGING' WITH?



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WHAT WOULD IT BE LIKE NOT TO FEEL WE BELONG?

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lonely, excluded,
unsafe,
unsupported,
uncomfortable,
worrying, isolated,
stressful...

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OUR CLASS IS FULL OF INDIVIDUALS

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WHEN WE ALL COME TOGETHER WE CREATE

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- Something solid
- Something that helps us feel safe
- A place where everybody feels important
- A place where everybody feels happy
- A community

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WHAT CAN WE DO TO MAKE SURE EVERYONE FEELS THEY

BELONG

IN OUR CLASSROOM ?

WHAT DO WE NEED TO REMEMBER?

noticing others

support

empathy

patience

joy

play

forgiveness

inclusion

to be welcoming

smiles

kindness

tolerance

helpfulness

compromise

respect

class goals

to share

care

encouragment

collaboration

laughter

fairness

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LET'S BUILD A CLASS WALL

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WITH A BRICK FOR EACH PERSON

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WE ARE EACH GOING TO CHOOSE ONE THING THAT WE WILL TRY TO DO MORE OF

IT WILL BE DIFFERENT FOR EVERYBODY

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1. On the brick, create a design using your name which shows your individuality.
Include some ideas about 'belonging' and what it means to you.

2. At the bottom add a sentence about one thing YOU can do more of to make sure everyone in our class feels like they belong.

3. When you are finished cut out the brick to be added to your class wall.



Heads Up Kids

noticing others

support

empathy

patience

joy

play

forgiveness

inclusion

to be welcoming

A REMINDER OF WHAT WE NEED...

smiles

kindness

tolerance

helpfulness

compromise

respect

class goals

to share

care

encouragment

collaboration

laughter

fairness



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